

# Texan Pasta



## Ingredients:

### **For the Pasta:**

- 1 lb ground beef
- 1 tsp. olive oil
- 1/4 onion, minced
- 2 cloves of garlic, minced
- 1/2 cup sweet corn
- 1 tomato, diced
- 1 package taco seasoning



### **For the Cheddar Cheese Soup:**

- 4 Tbs. Butter
- 4 Tbs. all-purpose flour
- 1 cup milk
- 1 1/2 cup of cheese

## Directions:

1. In a saucepan, heat the oil and saute the minced onion and garlic.
2. Add the ground beef, sprinkle with taco seasoning and cook until evenly browned.
3. Prepare the cheddar cheese soup mixture.
4. Add the corn and diced tomato. Allow to simmer for 10 minutes.
5. Bring a pot of water to boil and add the package of noodles. Cook al dente. Add the cooked noodles to the meat mixture.
6. Pour in the cheddar cheese soup mixture and stir until incorporated.

### **For the Cheddar Cheese Soup:**

1. In a small saucepan, melt the butter over low heat.
2. Stir in the flour and mix until smooth.

3. Over low heat, SLOWLY add the milk while stirring constantly.
4. Allow mixture to simmer about 5-6 minutes while stirring.
5. Add the cheese and stir until cheese is melted and mixture is smooth.

Enjoy!

<http://piece-of-home.com/texan-pasta/>